SCC Small Group Discussion
In Rhythm: Lessons from Psalms
Psalm 1- Set up for success

Derived from a study by Eugene Peterson and sermon on October 18, 2026 by Dr. Jeff Chandler

Getting Started:

How do you regularly meditate on God's Word in your life? Give an example

Searching the Scriptures:

1. What contrasts do you notice in the psalm?

2. The first word in the psalm is blessed. (Some translate it happy.) What kind of expectations should that bring to our lives?

3. What significance do you see in progressing from walk to stand to sit (v. 1)?

4. "The law of the LORD" is contrasted with the words "counsel," "way," and "seat." What does this contrast bring out?

5. The psalmist describes the person who delights in God's law (v. 2). What is your emotional response to Scripture: not what you believe about it but how you feel about it?

6. A tree is the central metaphor of the psalm (v. 3). Put your imagination to use. How are law-delighting people like trees?

7. In what ways are the wicked like chaff (vv. 4-6)?

Applying the Scriptures:

Do you feel any gap (or chasm!) between "real life" (work, school, family) and your prayer life? If so, explain.

How do these radically different portraits (the tree-righteous and the chaff-wicked) motivate you to delight in God's Word?

Get discussion questions in word format & link to Bible App plan for this week at www.sequimcommunitychurch.org/downloads