

5. Ephesians 4:20-24 describes what it means to put on a new attitude and identity. Explain in your own words what “the new self, created to be like God in true righteousness and holiness” is?

6. How does Romans 12:2 illustrate the kind of transformation that Paul is talking about in our Ephesians passage?

7. Based on Ephesians 5:1-2, how might we follow Jesus’ example and “walk in the way of love”?

Application of Scripture:

The fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, gentleness and self-control. Galatians 5:22

Ephesians 4:25-32 lists several fruitful practices which contrast with the futile ones. Of all the commands given here for Christian living, which seem to be the ones the Holy Spirit is urging you to apply right now?

A great way to enhance this lesson is to catch up with the “Practicing the Way of Jesus” Sunday Seminar happening through November on Sunday mornings at 8:30 and 10 am. You can watch the first few sessions and see what it’s about at

www.sequimcommunitychurch.org/downloads