

SCC Small Group Study – January 15, 2023
Rev. Rick Dietzman
Who Am I Really?
Psalms 42:1-6, Jeremiah 6:16

Getting Started:

When you are asked to introduce yourself, what aspects of your life do you usually start with? ‘

What is this saying about what you consider to be important?

Searching the Scriptures:

A. Since Proverbs 23:7 says “As a person thinks within his soul so he is”, In Psalm 42:1-5 which we are reading, we see the author longing for God. What does it mean to “long” for something?

B. When do you long for God? What helps satisfy your longing?

C. Why do you suppose the psalmist chose to continue hoping and trusting in God?

Jeremiah 6:16 says *“Stand at the crossroads and look; ask for the ancient paths, ask where the good way is, and walk in it, and you will find rest for your souls.”*

D. What do you think is causing unrest in people’s souls these days.

E. In 2 Corinthians 5:16-17 it speaks about how belonging to Christ makes one a new person. How have you found rest for your soul in this process?

F. Talk about the following contrast: “Flesh is what you see and feel, Faith is what you hope and believe.”

G. How did you find the teaching about how the Holy Spirit works from inside out on our souls helpful in reconciling how a Holy God can live within a sinful person?

Application of Scripture:

A. How do you see God at work in your spirit, soul and body to move you toward becoming blameless (1 Thessalonians 5:23-24)?

B. What is a specific change you have seen come from hoping and believing in Christ (A faith-based identity)?

C. Talk about some of the truths in the Bible related to being accepted, secure, and significant in Christ (See next page). Which are most meaningful to you?

Who I Am In Christ

	I am accepted...
John 1:12	I am God's child.
John 15:15	As a disciple, I am a friend of Jesus Christ.
Romans 5:1	I have been justified.
1 Corinthians 6:17	I am united with the Lord, and I am one with Him in spirit.
1 Corinthians 6:19-20	I have been bought with a price and I belong to God.
1 Corinthians 12:27	I am a member of Christ's body.
Ephesians 1:3-8	I have been chosen by God and adopted as His child.
Colossians 1:13-14	I have been redeemed and forgiven of all my sins.
Colossians 2:9-10	I am complete in Christ.
Hebrews 4:14-16	I have direct access to the throne of grace through Jesus Christ.
	I am secure...
Romans 8:1-2	I am free from condemnation.
Romans 8:28	I am assured that God works for my good in all circumstances.
Romans 8:31-39	I am free from any condemnation brought against me and I cannot be separated from the love of God.
2 Corinthians 1:21-22	I have been established, anointed and sealed by God.
Colossians 3:1-4	I am hidden with Christ in God.
Philippians 1:6	I am confident that God will complete the good work He started in me.
Philippians 3:20	I am a citizen of heaven.
2 Timothy 1:7	I have not been given a spirit of fear but of power, love and a sound mind.
1 John 5:18	I am born of God and the evil one cannot touch me.
	I am significant...
John 15:5	I am a branch of Jesus Christ, the true vine, and a channel of His life.
John 15:16	I have been chosen and appointed to bear fruit.
1 Corinthians 3:16	I am God's temple.
2 Corinthians 5:17-21	I am a minister of reconciliation for God.
Ephesians 2:6	I am seated with Jesus Christ in the heavenly realm.
Ephesians 2:10	I am God's workmanship.
Ephesians 3:12	I may approach God with freedom and confidence.
Philippians 4:13	I can do all things through Christ, who strengthens me.