

## WHO AM I, REALLY?

Psalm 42:1-6, Jeremiah 6:16 • January 23, 2023  
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### INTRODUCTION

*As a person thinks within his soul, so he is.*

— Proverbs 23:7

### I. WHO AM I AND HOW DO I TYPICALLY \_\_\_\_\_ IT?

- Who I know
- What I do
- What I've done
- What has been done to me
- What I see and how I feel

A. If we base our identity on our attainments, circumstances, outward life, and feelings we are missing a huge part of what God intends. This is called “the flesh” (Greek: sarx) – usually translated “sinful nature”. It is relying on our natural selves.

### II. WHAT HAPPENS WHEN WE BECOME \_\_\_\_\_ OF JESUS?

Jesus said: “*The Spirit gives life; the flesh counts for nothing.*” — John 6:63

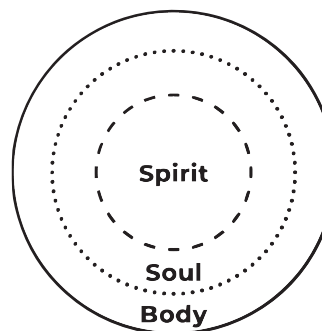
*We have stopped evaluating others from a human (flesh) point of view... This means that anyone who belongs to Christ has become a new person. The old life is gone; a new life has begun!* — 2 Corinthians 5:16-17

- A. *Flesh* is what you \_\_\_\_\_
- B. *Faith* is what you \_\_\_\_\_
- C. Do we have “flesh-based” or “faith-based” identities?
- D. Sinful Nature (Ephesians 2:3 - “*by nature children of wrath*”) vs. New Nature (2 Peter 1:4 - “*partaking in divine nature*”)
- Old Self vs. New Self

*You were taught, with regard to your former way of life, to put off your old self, which is being corrupted by its deceitful desires; to be made new in the attitude of your minds; and to put on the new self, created to be like God in true righteousness and holiness.*

— Ephesians 4:22-24

### III. HOW CAN JESUS LIVE IN ME WHEN I'M SO \_\_\_\_\_?



*May God himself, the God of peace, sanctify you through and through. May your whole spirit, soul and body be kept blameless at the coming of our Lord Jesus Christ. The one who calls you is faithful and he will do it.* — 1 Thessalonians 5:23-24

*The Spirit himself testifies with our spirit that we are God's children.* — Romans 8:16

- New Testament insight:  
**God's Spirit** connects with our **spirits** which then work on our souls, transforming us from *flesh-based* to *faith-based people*. The choice to live by the Spirit is living by faith.
  - I am accepted
  - I am secure
  - I am significant