**SCC SMALL GROUPS**

**Dr. Scott E. Koenigsaecker**

**Bounce Back Power**

**Hebrews 12:1-13**

**Getting Started:**

 1. Of all your life experiences to date, which brought you the most discipline?

 2. Of all the races and contests you've been in, which ones became more significant

 because of "the crowds" reaction?

**Searching the Scriptures:**

1. What "three" actions in verses 1-2 are commanded to do as they run the race of

 faith and life?

 \* Who are the "crowd of witnesses?"

 \* Of what practical help are they?

 2. Drawing from their example and your own experience, what does it mean to throw

 off sin and hinderance?

 \* To run with perseverance?

 \* To fic our eyes on Jesus?

 3. What does hardship demonstrate about a person's relationship with God?

 \* How should a person respond to God when disciplined?

 \* How does Christ's discipline differ from human discipline?

 \* What benefit does discipline bring?

**Application of the Scriptures:**

1. What comfort do you get from knowing that a cloud of witnesses is watching you run

 the Christian race?

 2. What are two obstacles that hinder and entangle you in your race? Why?

 3. What have you discovered that helps you keep your eyes fixed on Jesus?

 4. How has God disciplined you in the past?

 \* What did you learn from that?

 5. What's the hardest thing you've going through right now?

 \* How is God using this in your life, now and in your future?