

## **RESTORING RHYTHMS**

Matthew 7:24-27 & Colossians 2:6-7 • January 16, 2022  
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### **INTRODUCTION:**

A. Got rhythm? Why do we need Restoring Rhythms?

**"My purpose is to give them a rich and satisfying life."** - John 10:10

**"Yes, I am the vine and you are the branches. Those who remain in me and I in them, will produce much fruit...when you produce much fruit you are my true disciples."** - John 15:5 & 8

**You must grow in the (experience of God's) grace and knowledge of our Lord and Savior Jesus Christ.** - 2 Peter 3:18

### **I. HOW TO RESTORE OUR RHYTHMS**

A. Build a solid foundation.

**"Anyone who listens to my teaching and follows it is wise, like the person who builds a house on solid rock. Though the rain comes in torrents and the floodwaters rise and the winds beat against that house, it won't collapse because it is built on bedrock."** - Matthew 7:24-25

**Then Christ will make His home in your hearts as you trust Him. Your roots will grow down into God's love and keep you strong.** - Ephesians 3:17

B. Construct a spiritual lifestyle with ever-deepening roots.

**...you must continue to follow Him (Jesus Christ). Let your roots grow down into Him and let your lives be built on Him. Then your faith will grow strong in the truth you were taught, and you will overflow with thankfulness (for what God is producing in you and through you).** - Colossians 2:6-7

### **II. IT PRODUCES A DIVINE RESULT**

A. Enjoy the good fruit.

**All Scripture is inspired by God and is useful to teach us what is true and to make us realize what is wrong and teaches us to do what is right. God uses it to prepare and equip His people to do every good work.** - 2 Timothy 3:16-17

B. Share the good fruit.

**"A good tree can't produce bad fruit...Yes, just as you can identify a tree by its fruit, so you can identify people by their actions."** - Matthew 7:18 & 20

**And you yourself must be an example to them by doing good works of every kind.** - Titus 2:7

- Love is a great fruit to share.

**"Love your neighbor as yourself."** - Matthew 22:39

C. Join the SCC Fruit Stand!

**Let us think of ways to motivate one another to acts of love and good works.** - Hebrews 10:24

### **III. GETTING IN RHYTHM**

7 Spiritual Rhythms:

1. Daily Devotion
2. Prayer
3. Freedom from Strongholds
4. Serve the Community
5. Sacrificial Generosity
6. Share Your Story
7. Celebration

### **CONCLUSION:**