

## NEED SOME HELP?

Romans 7:15-20 • April 11, 2021

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### INTRODUCTION:

- A. What has power over you?
- B. The great Apostle Paul, the greatest Christian, next to Jesus, struggled with sin in his life.

***I do not really understand myself, for I want to do what is right, but I don't do it. Instead, I do what I hate....the trouble is with me, for I am all too human.***

– Romans 7: 15 & 14

- C. What is the cause of all these problems?

- We like to play God! We think we know what's best for us.

***In the pride of your heart you say. "I am a god..." But you are just a human being and not a god, though you think you are as wise as a god.*** – Ezekiel 28:2

### I. THE SOLUTION IS: WE HAVE TO CHOOSE GOD

- A. ***"God blesses those who are (spiritually) poor and realize their need for Him, for the Kingdom of Heaven is theirs."*** — Matthew 5:3

- Entrance into the Kingdom of heaven is not by our pride but by God's grace.

- B. To be ***"spiritually poor"*** we must humbly admit we don't have it all together and we could use some help.

- Grace enables us to see and admit our need.

***God opposes the proud but gives grace to the humble.*** — James 4:6

- We are broken. (Romans 8:20)
- Refusing to admit our brokenness increases our feelings of guilt and shame. (Psalm 32:3-5)
- We must admit it to defeat it.

***...(don't) try to hide your sins. Confess them and give them up; then God will show mercy to you.*** – Proverbs 28:13 (Today's English Version)

- Fear of admitting/confessing keeps us stuck where we are. (Genesis 3:11)

- C. When we recognize we need help we need to humbly ask God for it.

***We saw how powerless we were to help ourselves; but that was good for then we put everything into the hands of God, who alone could save us, for He can even raise the dead.*** – 2 Corinthians 1:9

- If God can raise a dead person to life, He can raise us from whatever ails us.

- D. We must humbly accept help from others.

***Admit your faults to one another and pray for each other so that you may be healed.*** – James 5:16

- Can you say SMALL GROUPS!?
- Revealing our feelings is the beginning of healing.

- **CONCLUSION:**