

Sequim Community Church
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EASY CHANGE?
Ephesians 4:21-27

INTRODUCTION:

- A. Why is changing what I don't like about myself so hard?
- Because they have been a part of my life for so long.
 - Because we identify with our defects (they describe us in part).
 - Because there is a payoff.
 - Because Satan wants to discourage us.

B. What does it take to change those?

"... throw off your old sinful nature and your former way of life...Put on your new nature, created to be like God—truly righteous and holy." Ephesians 4:22-24

I. WHAT IT TAKES FOR PERSONAL CHANGE

A. Change requires that we learn the truth.

"Since you have heard about Jesus and have learned the truth that comes from Him."
Ephesians 4:21

- We have to face the truth that we're sinners.

"All Scripture is inspired by God and useful to teach us what is true and to make us realize what is wrong in our lives. It corrects us and when we are wrong and teaches us to do what is right. God uses it to prepare and equip His people to do every good work."
2 Timothy 3:16-17

- Notice the four parts...

B. Change is the result of making better choices.

"Throw off your old sinful nature and your former way of life, which is corrupted by lust and deception." Ephesians 4:22

C. Better thinking leads to better living.

"Instead, let the Spirit renew your thoughts and attitudes." Ephesians 4:23

D. Change requires the Holy Spirit.

"Put on your new nature, created to be like God—truly righteous and holy"
Ephesians 4:24

E. Real change is helped by being part of an honest community.

"So stop telling lies. Let us tell our neighbors the truth, for we are all parts of the same body."
Ephesians 4:25

- ***"By helping each other with your troubles, you truly obey the law of Christ."***
Galatians 6:2

CONCLUSION: