

Sequim Community Church
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WHAT?
Psalm 139:13-16

INTRODUCTION:

A. The best you is being who God meant you to be.

I. OUR FIVE INFLUENCING FACTORS

A. First is our genetic code.

B. Second, is our relationships.

C. Third, is our circumstances.

D. Fourth, is our conscience or our self-talk.

- What we say to ourselves.

"For as we think in our heart, so we will be." — Proverbs 23:7

- We have many thoughts...the key is the ones we believe.

***"What I have always feared has happened to me.
What I dreaded has come to be."*** — Job 3:25

E. Fifth, is our choices.

II. BEST CHOICES

A. First, choose to be healthy.

"You made my body, Lord; now give me sense to heed your laws." Psalm 119:73

B. Next, choose to deepen relationships.

"Let love be your highest goal." — I Corinthians 14:1

C. Third, choose to trust God no matter what happens.

***"The Father who knows all hearts... causes
everything to work together for good..."*** — Romans 8:27-28

"I will praise the lord no matter what happens." — Psalm 34:1

D. Fourth, choose to focus on the positive.

***"For this light that is with you produces only what
is good and right and true."*** — Ephesians 5:9

E. Finally, choose Jesus to be your Savior and Leader.

***"When someone becomes a Christian, they become a brand-new person inside.
They are not the same anymore. A new life has begun!"*** — 2 Corinthians 5:17

CONCLUSION: