



SEQUIM COMMUNITY CHURCH

EPHESIANS

SESSION 6A: THE FULLNESS OF GOD IN OUR LIVES

Ephesians 3:14-21

"Exploring the new life and new society God has created through Jesus"

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Icebreaker

1. Remember a time when you had a particularly powerful experience while gathered together with the church. What made it so memorable? _____

Throughout the past five lessons, Paul has brought up the importance of the church - how Jesus is the head, that we are a living Temple, that we have a mission to make known the manifold wisdom of God. In the close of chapter three, Paul reflects back on all he has said previously and once again begins to pray and bless the believers.

"For this reason I kneel before the Father, from whom his whole family in heaven and on earth derives its name." - Ephesians 4:14-15

2. What are these verses saying about God's divine power? _____

"I pray that out of his glorious riches he may strengthen you with power through his Spirit in your inner being, so that Christ may dwell in your hearts through faith." - Ephesians 4:16

3. What does it mean to have God's Spirit in your inner being? _____

- How have you sensed his power in your life? _____

"And I pray that you, being rooted and established in love, may have power, together with all the saints, to grasp how wide and long and high and deep is the love of Christ, and to know this love that surpasses knowledge-- that you may be filled to the measure of all the fullness of God." - Ephesians 3:17-19

Colossians 2:6-7 adds some insight into what it is to be rooted in Christ.

"So then, just as you received Christ Jesus as Lord, continue to live in him, rooted and built up in him, strengthened in the faith as you were taught, and overflowing with thankfulness."

4. How is a Christian rooted and established in love? _____

5. In contrast, what does being rooted and established "in hate" do to a person? _____

• What would unhealthy soil do to a plant? _____

6. Why does this love surpass knowledge? (Verse 19) _____

"From the fullness of his grace we have all received one blessing after another." John 1:16

Praying for one another:

Think of two or three adjectives which summarize your attitude and experience of church. Reflect on what has made church difficult and what has made it special. Pray for the church and thank God for it. Also, do you feel filled up or dry right now? How would you like others to pray for you?